



OfficeLife starting from £5.50 per head + VAT

Our aim is to ensure that we meet your individual requirements while keeping a main focus on nutritionally balanced food. We are happy to discuss your tastes and special requests.

Our catering can range from refreshment breaks, lunches, buffets to gala buffets, whatever your requirements we will aim to not only meet but exceed your expectations. Whilst the packages are aimed at the corporate sector we are more than happy to do them in your home for a private function or lunch.

Power Breakfast £6.50 per head

The power breakfast is ideal for morning meetings. The breakfast is nutritionally developed to kick start the body into assertive thinking fast, while ensuring a steady release of energy throughout the day.

Power Breakfast

Cherry Shot
Granola and Soya Milk
Blueberry pancake
Breakfast Bar
Super Boost fruit salad

Salad Bowl Lunch £5.50 per head

The Salad Bowl Lunch is ideal for lunches where guests wish to eat at their own pace and without interrupting the flow of conversation.

Choose a core salad then one of the themed bowls from the selection below.

Core Salad*

Mixed Salad Leaves
Spicy cous cous
Chopped Cucumber and Mixed Peppers
New Potato Salad with Spring Onion

Selection Themed Bowl*

Greek Salad
Chicken Caesar
Tuscan Mixed Bean
White bean and tuna with pasta

*Accompanied by chargrilled wholemeal pitta pockets, flavoured oils & balsamic vinegar.